



Eat the Elephant **'Helping people achieve the objective'**

Essential Management Development skills

The Power of Neuro Linguistic Programming

Who is it for ?

This workshop is designed for managers who need to maximise developmental interventions that will develop capabilities, achievement of goals and objectives, and produce results

What is it about and what will it do ?

Delegates will gain understanding of the important key elements of Neuro Linguistic Programming that predominantly support coaching and mentoring, but also some team building aspects.

Typical Objectives

To develop skills that juggle up the key aspects of the NLP model to meet new world needs and desired states – fantastic for helping your people to move forward

Indicative Outline Content

- **What is NLP**
- **Presuppositions**
- **Values**
- **Keys to achievable outcomes**
- **Eliciting Strategies**
- **Language patterns**
- **Anchoring**
- **Reframing**
- **Sub Modalities**
- **Parts Integration**
- **Ecology and time line therapy**

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