



# Eat the Elephant

## 'Helping people achieve the objective'

### Essential Management Development skills

## Making Powerful Presentations

### Who is it for ?

Any individual who wants to enhance how they professionally present themselves and their ideas.

### What is it about and what will it do ?

- A 2 day workshop using 3 sets of presentational situations, video feedback and interactive learning.
- Delegates will leave 'looking forward' to undertaking the next presentational situation !

### Typical Objectives

- Knowing how to confidently structure and deliver an effective, exciting and business effective presentation.
- Feeling more confident and at ease on their feet in front of any audience
- Knowing how to and when not to use visual aids
- How to handle own and others body language
- Managing question and answers sessions

### Indicative Outline Content

- **3 stage approach to producing presentations**
- **Presentation assignments**
- **Relaxation**
- **Visualisation**
- **Self assertion techniques**
- **Body language**

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