



Eat the Elephant

'Helping people achieve the objective'

Essential People Development skills

Health and Safety at Work

Who is it for ?

Anyone with responsibility for the health and safety of others or anyone who has been appointed a health and safety representative.

What is it about and what will it do ?

This programme will help delegates understand the legal and moral framework of health and safety legislation and build confidence in actively improving the workplace.

Typical Objectives

- Gain clearer understanding of key legal requirements
- Develop a clear awareness of your responsibilities in managing health and safety
- Discover the best methods to help ensure your health and safety policy is being correctly managed
- How to conduct risk assessments

Indicative Outline Content

- **Basic overview of the current health and safety legislation**
- **Regulations and codes of practice**
- **Methods of risk assessment discussed, and practised**
- **RIDDOR and COSHH explained**
- **Stress assessments linked to health and safety**
- **Responsibility for contractors working on the premises, ensuring their work practices are adhering to your health and safety procedures**
- **Vulnerability to individuals**
- **Our responsibility for visitors to our premises, and their's to you**
- **Gaining support from others to manage this responsibility successfully**
- **Working with competent people to ensure we consistently maintain a safe workplace**
- **The importance of 'near miss reports' and hazard spotting**
- **Ensure we respond quickly and effectively to any concerns brought to our attention**

Eat the Elephant Limited

Development House
44 Balmoral Close
Lichfield
Staffordshire
WS14 9SP
01543 252100
www.eattheelephant.com



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