



Eat the Elephant 'Helping people achieve the objective'

Essential People Development skills

CIEH Level 2 Award in Health and Safety in the Workplace

Who is it for ?

This qualification is designed to ensure that all employees are aware of their own safety and the safety of customers, contractors and the public.

What is it about and what will it do ?

- The course provides essential knowledge and understanding of health and safety for employees, enabling them to contribute to the overall health and safety of the business.
- The programme will draw on real life work situations to suit the specific needs of the delegates attending.

Indicative Outline Content

- **The law**
- **Health**
- **Safety**
- **Welfare**
- **The workplace and equipment**
- **Risk assessment**
- **Manual handling**
- **Hazardous substances**
- **Ergonomics and workstation design**
- **Transport and vehicles**
- **Noise and vibration**
- **Easy to follow course book followed by a short multiple choice test leading to a nationally accredited (CIEH) award in food safety**

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