



Eat the Elephant

'Helping people achieve the objective'

Essential People Development skills

Self Awareness and Modification of Behaviours

Who is it for ?

Managers who want to develop excellence in self awareness and behavioural modification through outstanding communication process.

What is it about and what will it do ?

Managers will learn how to maximise their own communication through their own and others behaviours to maximise business objectives.

Typical Objectives

- Understanding of personal behaviours to gain win win business development opportunities
- Ability to utilise other observable factors effectively
- Understanding of the values behaviours bring to aid business planning and development
- Appreciation of how and where to modify personal work style

Indicative Outline Content

- **Understanding the value of knowing ourselves and our behaviour strengths/motivators**
- **How to manipulate effectively our own personal strengths and limitations in the current work role**
- **Recognising strengths, limitations, fears, motivators and values to the organisation and/or team of people with different working styles**
- **Learning how to successfully motivate people and their communication preferences**
- **Understanding the value of supporting and managing personal limitations**
- **Identification of potential behavioural training needs**
- **Spotting observable behaviours in others**

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