



# Eat the Elephant

## 'Helping people achieve the objective'

### Essential People Development skills

## Inspirational Leadership Skills

### Who is it for?

Managers who want to develop excellence in managing, coaching and developing their teams.

### What is it about and what will it do ?

Managers will learn how to maximise their own communication to maximise business objectives.

### Typical Objectives

To enable managers to manage the various aspects and to motivate staff associated with effective team leadership  
Understanding how to modify behaviour and to be self aware to meet the various needs of the team.

### Indicative Outline Content

- **Being 'in charge' – what this means now, and how to create the environment**
- **The consequences of being a team leader / manager**
- **Managing the team performance**
- **Motivating the team**
- **Coaching – developing the techniques to make this practically count**
- **Assertive behaviours around the 'team'**
- **Dealing with difficult situations ie confronting barriers to progress**

**Eat the Elephant Limited**  
Development House  
44 Balmoral Close  
Lichfield  
Staffordshire  
WS14 9SP  
01543 252100  
[www.eattheelephant.com](http://www.eattheelephant.com)



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